

Jenny's favourite warm ups/routine songs/fillers/songs you can adapt

Make a circle

C G C

You: Make a circle Children: make a circle

C G C

Make it round, make it round

All join hands together, all join hands together

Now sit down, now sit down

Make a circle, make a circle

Close your lips, close your lips

Show me your good sitting, show me your good sitting

Well done, well done

Physical warm up G-C

(Sing using different pitch intervals, keys)

Touch your head

Touch your shoulders

Touch your knees

Touch your nose

Stretch up tall

Turn to the wall

Point to the ceiling

point to the floor

point to the window

point to the door etc

Everyone it's music time

(To the tune of London's bridge)

C G C

Everyone it's music time, music time, music time

C G C

Everyone it's music time, time for music

Can you do the robot dance, robot dance (snowman, dinosaur, teddy bear, witches etc)

Can you do the robot dance, time for music

Can you follow ukulele, Ukulele, Ukulele

Can you follow Ukulele, time for music

Can you sing along with me, along with me, along with me

Can you sing along with me, time for music

Hello Everybody

G
Hello everybody how are you? ok/happy/sad/worried/excited

G D
Hello everybody how are you? ok

G C
It's such a lovely day and i'm glad you came to play

G D C
Hello everybody how are you?

Hands like to clap

(To the tune of Farmers in his den/dell?)

G
My hands like to clap, my hands like to clap

G D C
when I hear the music play, my hands like to clap

My head likes to nod, my body likes to sway, I like to touch my toes , etc.

Shake my sillies out

I also add:

A stop!/ freeze

I've got to shake shake shake my sillies out
Shake and then we'll stop!

High/low

Can you stretch up high
Can you stretch down low
Can you stretch up high and then turn around

Using instruments

Can you shake up high
Can you shake down low
Can you shake up high and then turn around

Dynamics

Can you shake/play up loud
Can you shake down quiet
Can you shake up loud and then turn around

Choose an instrument (Tune of London's bridge)

Pass an object around the circle, like pass the parcel. When the music stops whoever the object has landed on has to choose an instrument from the bag/middle.

