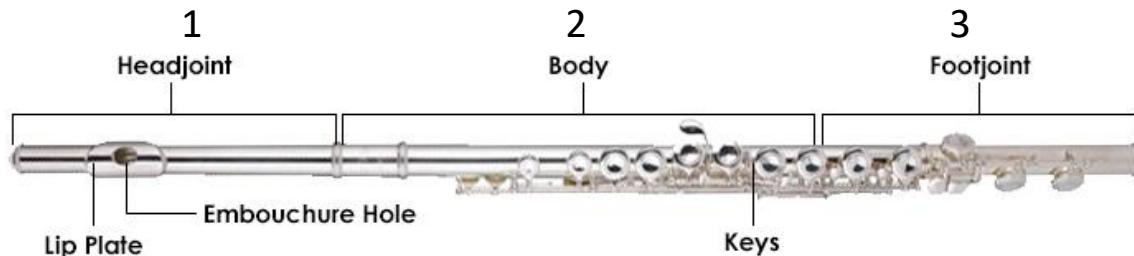


\Lesson 1 – Flute

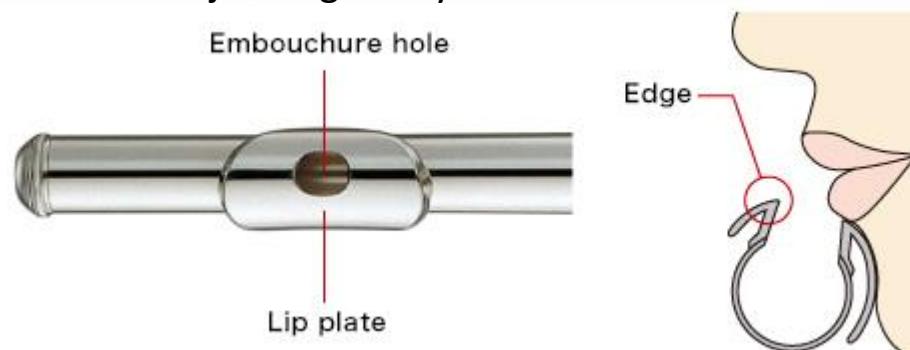
Your flute comes in 3 pieces –



Hold the head joint with the open end to the right.

The sound is made by blowing across the hole on the head joint NOT into it.

Place the head joint against your chin like this.



Try to smile a little with the corners of your mouth whilst keeping your lips relaxed.

Create a small gap between your lips then gently blow across the top of the hole whilst pressing your bottom lip onto the lip plate.



Try to say “t” each time you start to blow. This is called “tonguing”.

Keep your mouth relaxed

Keep the hole between your lips as small as possible.

Try to improve your sound by twisting the head joint closer or further away.

When you are happy with your sound try some of the following exercises **using just the head joint.**

REMEMBER – always try to stay relaxed – shoulders down – head up – 2 feet firmly on the floor.

1 take a deep breath and blow gently, keeping the hole between your lips as small as possible so that no air is wasted. Count how long you can blow for.

Write down your longest time for each day you practiced.

1.....2.....3.....4.....5.....6.....7.....

2 take a deep breath then put the tip of your tongue behind your front teeth.

Get ready to blow.

Move your tongue away from your teeth by saying “t” and blow

This is called tonguing.

The trick is to repeat the “t” sound several times WITHOUT stopping blowing!

Write down how many can you do in one breath each day?

1.....2.....3.....4.....5.....6.....7.....

3 What happens to the sound when you put your hand over the open end of your flute head joint?

The sound gets

4 What happens to the sound when you put your finger inside the open end?

The sound gets

5 See how many different sounds you can make on your flute.