

Warm up

Just like in sport, it's important that we warm up to play a musical instrument.

You could use some finger exercises, scales or an easy tune that you enjoy playing



Practice Tips!

Set goals!

Goals help give us focus and encourage quality practice.

Maybe you want to work on dynamics or build up the speed or get that tricky passage right.



Record yourself

Listen back and evaluate your playing - it will help you to set goals

Quality and Quantity!

Short, regular bursts of practice (every day if you can!) are much more effective than one long practice session once a week.

There's a difference between playing and practising. Don't just play a piece from start to finish - think about how to improve, play tricky sections slower, work on it



