

# Using my lips to change the pitch

1 (1st position)      2      3

4      5

7

6      7

11

The exercise consists of seven measures, each with a slide position number above it. The notes are written in bass clef, 4/4 time, with a key signature of one flat. Brackets under the notes indicate the slide positions. The notes and their corresponding slide positions are: 1 (1st position) with notes Bb, F, Bb; 2 with notes A, E, A; 3 with notes Ab, Eb, Ab; 4 with notes G, D, G; 5 with notes F#, C#, F#; 6 with notes F, C, F; 7 with notes E, B, E. The exercise is divided into three groups of three measures each, with double bar lines between groups.

We can play more than one note using each slide position that we use. The way we change between two notes is by using our lips to change the pitch of the note. You will also need to blow the air through the instrument a little faster when going for the higher pitches each time.

If you find it hard at first to get up to the F, that's no problem. Just start on a note later a little later on in the exercise, for instance an A, or Ab. As you practise this more, you will develop more flexibility in the lips and you will be able to move easier between notes.

Test yourself! How low can you go? Can you play the last phrase starting on low E? This will be harder for trombonists so don't worry if you can't get to 7<sup>th</sup> position! Once you can play the exercise comfortably, try slurring the notes together or play the exercise going down as written and then coming back up to the top again in reverse order.