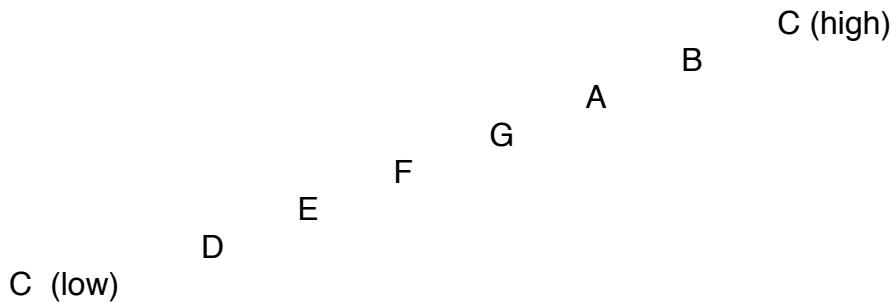
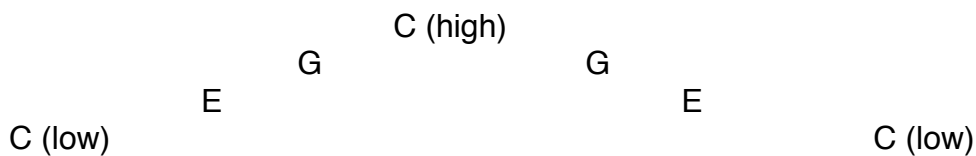


Flute Grade 1 Scales and Arpeggios (ABRSM)

A **scale** is a set of seven notes starting on a given pitch and rising one note at a time. At the top of the scale you will return to your starting note (but a higher version of that note) and then come back down a step at a time until you reach your starting note again. The seven notes of the scale, plus the starting note (but higher) is called an **octave** because there are 8 notes in total (oct is latin for 8). Scales can be in major or minor keys. For example the scale of C major one octave going up would be:



An **arpeggio** is played using the notes of a particular chord in sequence. So the notes for the C chord are C E G. As with the scale you finish the sequence by playing a higher version of your starting note then come back down the musical ladder again, so the C major arpeggio will look like this:



When you take grade exams in any instrument you are required to play specified scales and arpeggios. These get more difficult as you work your way from Grade 1 to Grade 8. In Grade 1 you only have to play one octave of any scale (eventually you will need to play 3 octaves!)

The scales for Grade 1 flute are F major, G major and E minor. There are different ways of playing minor scales but for now I have only included one type - the harmonic minor.

Have a go at the scales and arpeggios on the next few pages.

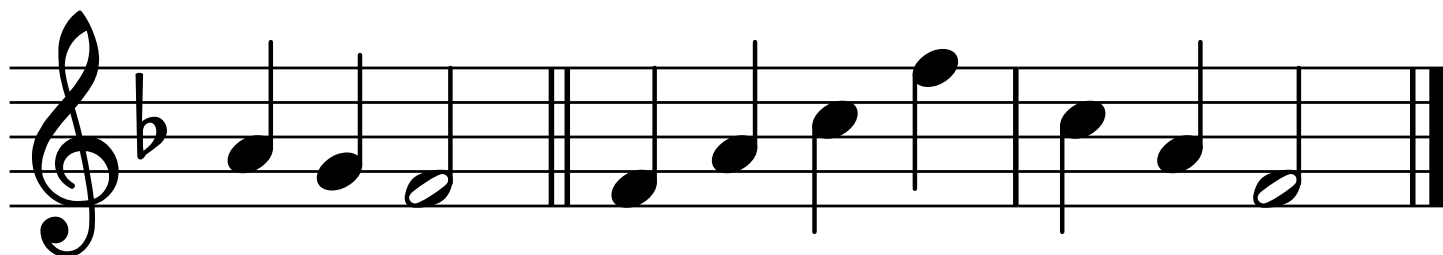
Grade 1 Flute

Scales and arpeggios

F major one octave



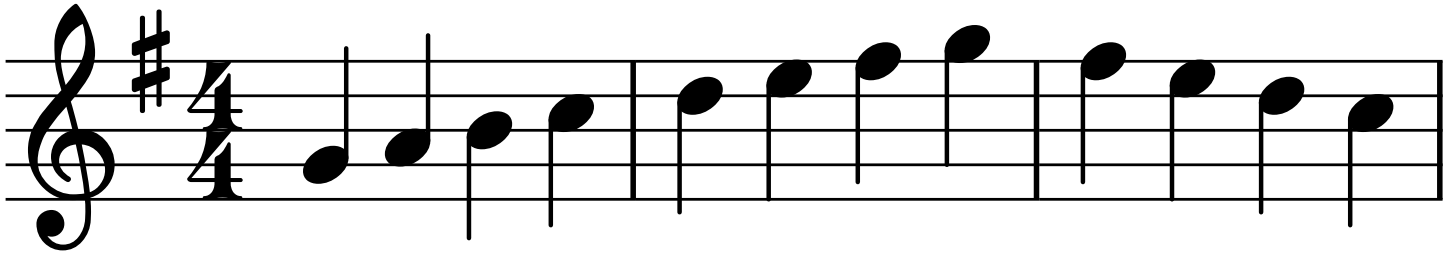
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Grade 1 Flute

Scales and arpeggios

G major one octave



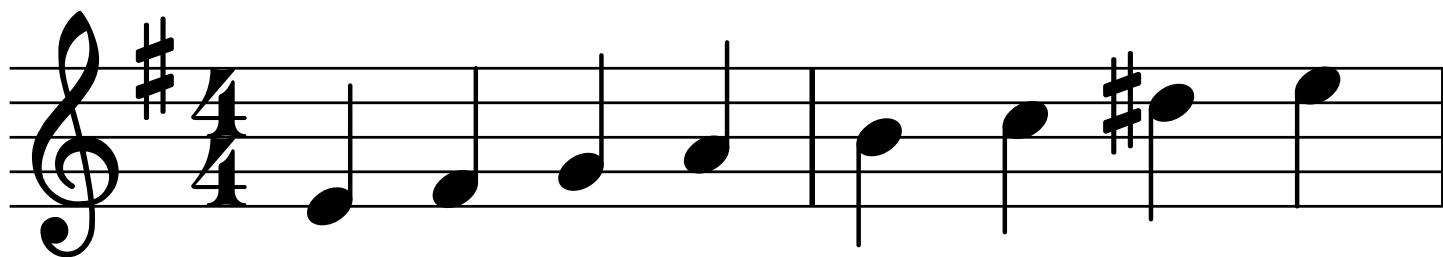
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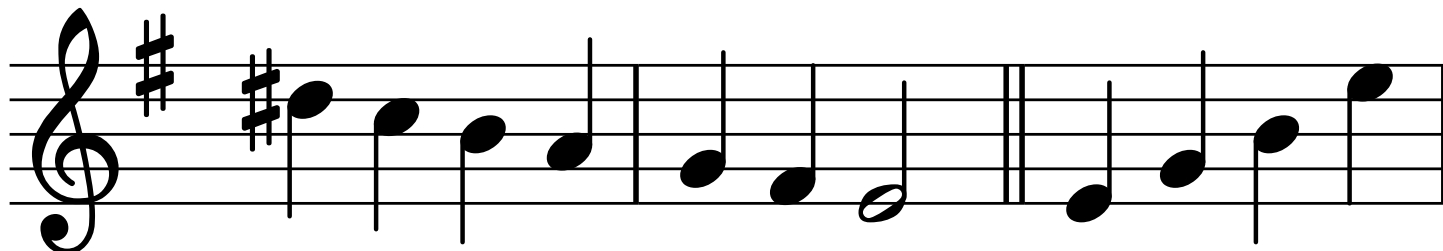
Grade 1 Flute

Scales and arpeggios

E minor harmonic one octave



3



6

