

### Task 3: Blow a steady note with a good mouth position

When blowing into your recorder, only place the narrow bit at the top of the mouth piece into your mouth.

Now blow gently, don't let the recorder squeak, and hold a note for as long as you can.

How long can you hold this note? \_\_\_\_\_ Seconds

### Task 4: Tongue

To tongue on the recorder put your recorder into your mouth, before you blow a note place your tongue over the hole at the top of the mouth piece. As you start to blow let go with your tongue as if saying a silent "do".

Now try to do this whilst playing the note B.

If you have "The Red Hot Recorder Tutor" you could try playing the tunes "Glory B!" and "B B Blues", then try "A Bit More Time".

If you don't have "The Red Hot Recorder Tutor" try playing Bedtime Blues.

## Bedtime Blues

All the notes in this song are Bs held for different lengths.

C. Hedington



This is called a semibreve.  
You should hold the note  
four beats.

This is called a minim.  
You should hold the note  
two beats.

This is called a crotchet.  
You should hold the note  
one beat.



This is called a minim rest.

- This means don't play here. It lasts for two beats.  
You will see this rest looks a bit like a top hat. If you say the words "top hat" in your head this will last for those 2 beats.

This is called a semibreve rest.

- This means don't play here. It lasts for four beats.  
You will see this rest looks like an upside down hat. If you say the words "upside down hat" in your head this will last for those 4 beats.

