

Task 1: Single Strokes and Accents

If you don't have a drum kit at home it doesn't mean you can't keep practicing and playing the drums! For this set of lessons all you will need is a pair of drum sticks and either a "practice pad" (can be bought online) or just a table with a tea towel on top!

Activity one:

- Play as evenly as possible 4 crochets, counting |:1234|1234|1234|1234:|
- Play these 'hand to hand' starting with your right hand and you go Right Left Right Left
- On the score right is shown as "R" and left as "L"
- If your left hand is your strong hand simply swap over the "R" and "L" on the score (meaning R would become Left and L would become right)

Concentrate on making this as even as possible making sure each hit sounds the same and play the whole thing 4 times!



Activity two:

- This time there is an "accent" on beat 1, this means we play beat 1 louder than the others
- The symbol for an accent is: >
- The counting |:1 234|1 234|1 234|1 234:|
- Again, play these 'hand to hand' starting with your right hand, if you are left handed start with your left hand instead

Concentrate on making beat 1 louder than the others and play the whole thing 4 times!



R L R L R L R L R L R L R L



Activity three:

- This time there is an "accent" on beat 2, this mean we play beat 2 louder than the others
- The counting |:1234|1234|1234|1234:|
- Again, play these 'hand to hand' starting with your right hand, if you are left handed start with your left hand instead

Concentrate on making beat 2 louder than the others and play the whole thing 4 times!

R L R L R L R L R L R L R L

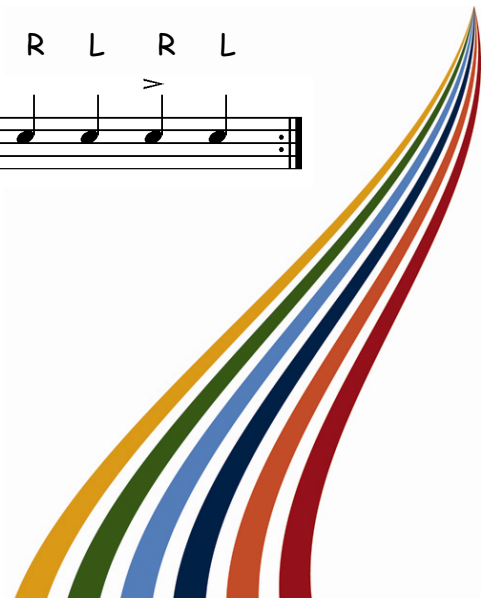


Activity four:

- This time there is an "accent" on beat 3, this mean we play beat 3 louder than the others
- The counting |:1234|1234|1234|1234:|
- Again, play these 'hand to hand' starting with your right hand, if you are left handed start with your left hand instead

Concentrate on making beat 3 louder than the others and play the whole thing 4 times!

R L R L R L R L R L R L R L

Activity five:

- This time there is an "accent" on beat 4, this mean we play beat 4 louder than the others
- The counting |:123**4**|123**4**|123**4**|123**4**:|
- Again, play these 'hand to hand' starting with your right hand, if you are left handed start with your left hand instead

Concentrate on making beat **4** louder than the others and play the whole thing 4 times!

R L R L R L R L R L R L R L R L



Activity six:

- This time the "accent" is going to move each bar
- The counting |:1 234|1**2**34|12**3**4|123**4**:|
- Again, play these 'hand to hand' starting with your right hand, if you are left handed start with your left hand instead

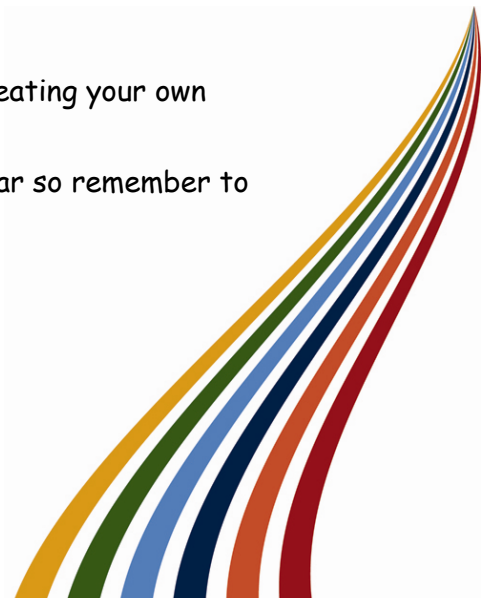
Concentrate on making the accent translon smooth (especially going from bar 4 back to bar 1), play the whole thing 4 times!

R L R L R L R L R L R L R L R L



Activity seven:

- This time have a play about with moving the accent and creating your own pattern!
- Make sure you are still only playing 4 crochet beats to a bar so remember to count!



Concentrate on making sure you are still playing 'hand to hand' starting with your right hand, if you are left handed start with your left hand instead.

Once you have done all this try playing activity six or seven along to a song- for example you could play along to Rolling In the Deep By Adele

