

## Task 4: Double Strokes (Spider)

If you don't have a drum kit at home it doesn't mean you can't keep practicing and playing the drums! For this set of lessons all you will need is a pair of drum sticks and either a "practice pad" (can be bought online) or just a table with a tea towel on top!

Spider = 2 quaver = 




### Activity one:

- Play as evenly as possible using the word spider to help with the rhythms
- These activities focus on sticking- sticking means what hand you use to play each beat
- Rather than playing 'hand to hand' like on pervious tasks, this activity uses 2 hits with each hand (known as a double stroke)
- On the score right hand is shown as "R" and left hand as "L"
- If your left hand is your strong hand simply swap over the "R" and "L" on the score (meaning R would become Left and L would become right)

Concentrate on using the correct hand while keeping your hits as even as possible and play the whole thing 4 times!

R R L L R R L L R R L L R R L L



### Activity Two:

- Play as evenly as possible using the word spider to help with the rhythms
- Rather than starting with the right hand these double strokes start with the left hand



- Again, make sure you follow the sticking and swap it round if you are left handed- sticking means what hand you use for each beat

Concentrate on using the correct hand while keeping your hits as even as possible and play the whole thing 4 times!



### Activity Three:

- Play as evenly as possible using the word spider to help with the rhythms
- This activity is a mixture of double strokes and single strokes starting with the right hand
- Again, make sure you follow the sticking and swap it round if you are left handed

Concentrate on using the correct hand while keeping your hits as even as possible and play the whole thing 4 times!




### Activity Four:

- Play as evenly as possible using the word spider to help with the rhythms
- This activity uses two sets of double strokes on one hand before moving to the other, it starts with the right hand
- Again, make sure you follow the sticking and swap it round if you are left handed

Concentrate on using the correct hand while keeping your hits as even as possible and play the whole thing 4 times!



R R R R L L L L R R R R L L L L




### Activity Five:


- Play as evenly as possible using the word spider to help with the rhythms
- This activity puts all of the above activities together, see if you can play the whole thing.
- Again, make sure you follow the sticking and swap it round if you are left handed

Concentrate on using the correct hand while keeping your hits as even as possible!


R R L L R R L L R R L L R R L L




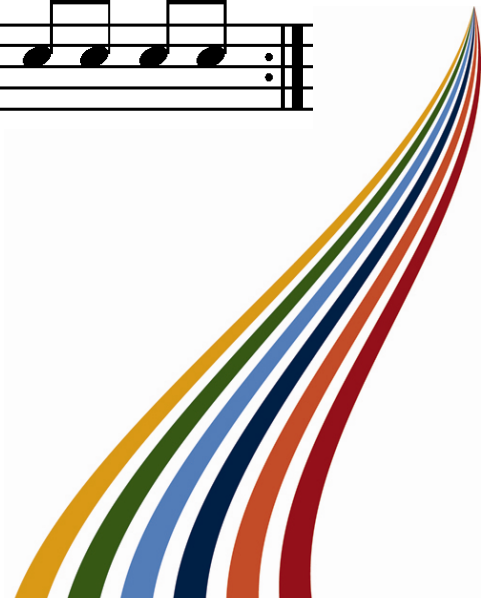
L L R R L L R R L L R R L L R R



R R L L R L R L R R L L R L R L



R R R R L L L L R R R R L L L L

Once you have done all this try playing activity five along to a song - for example you could play along to Havana by Camila Cabello

**Bonus Activity:**

If you have completed all the other activities try playing through the full piece but without the sticking marked in!

