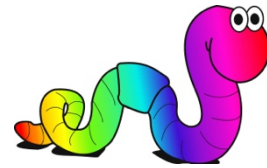



Task 5: Paradiddle

If you don't have a drum kit at home it doesn't mean you can't keep practicing and playing the drums! For this set of lessons all you will need is a pair of drum sticks and either a "practice pad" (can be bought online) or just a table with a tea towel on top!

Spider = 2 quaver = 



Rest/Shh = crochet = 

Activity one:

- Play as evenly as possible using the words spider and worm to help with the rhythms
- These activities focus on a rhythm called a "paradiddle".
- A paradiddle uses both single and double strokes
- There are crochet **rets** or **shh** in the part so remember to say "worm" so you know how long the rest is.
- On the score right hand is shown as "R" and left hand as "L"
- If your left hand is your strong hand simply swap over the "R" and "L" on the score (meaning R would become Left and L would become right)

Concentrate on using the correct hand and keeping quiet in the rest/shh keeping your hits as even as possible! Play the whole thing 4 times.




Activity Two:

- Play as evenly as possible using the words spider and worm to help with the rhythms
- This activity starts with 2 crochet **rets/shh** so remember to say "worm" so you know how long the rest is.
- Again, make sure you follow the sticking and swap it round if you are left handed- sticking means what hand you use for each beat

Concentrate on using the correct hand and keeping quiet in the rest/shh keeping your hits as even as possible! Play the whole thing 4 times.



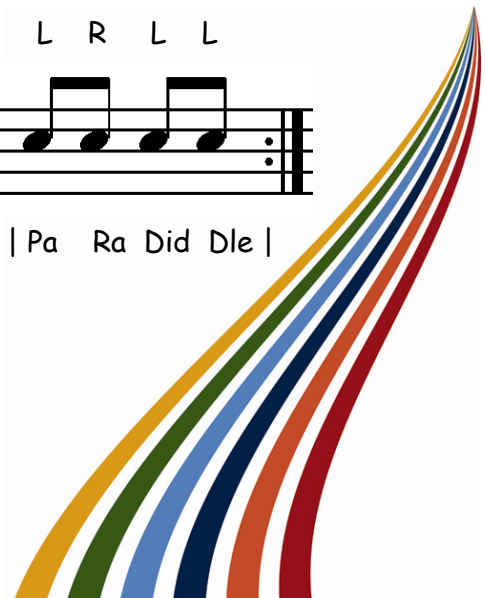
Activity Three:

- Play as evenly as possible using the words spider and worm to help with the rhythms
- This activity puts activity one and two together which gives us a paradiddle, there are NO rests/shh
- It is called a paradiddle because the rhythm sounds like pa-ra-did-dle pa-ra-did-dle
- Again, make sure you follow the sticking and swap it round if you are left handed

Concentrate on using the correct hand, try saying the word pa-ra-did-dle while playing! Play the whole thing 4 times.



| Pa Ra Did Dle | Pa Ra Did Dle | Pa Ra Did Dle | Pa Ra Did Dle |




Activity Four:

- Play as evenly as possible using the word spider or pa-ra-did-dle to help with the rhythms
- This time there is an "accent" on beat 1, this mean we play beat 1 louder than the others.
- The symbol for an accent is: >
- Again, make sure you follow the sticking and swap it round if you are left handed

Concentrate on accenting the first beat as well as keeping the sticking accurate! Play the whole thing 4 times!

R L R R L R L L R L R R L R L L



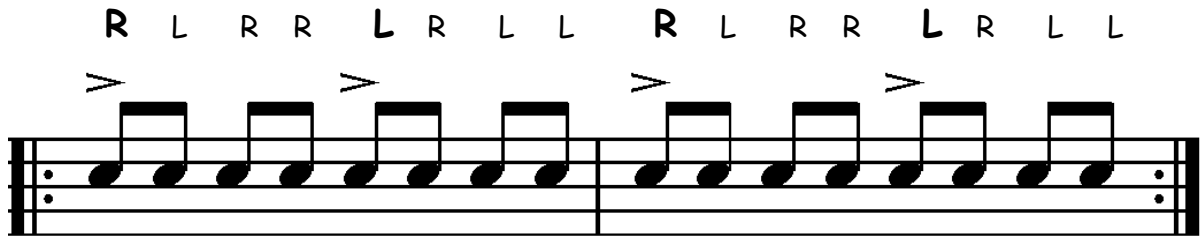
| Pa Ra Did Dle | Pa Ra Did Dle | Pa Ra Did Dle | Pa Ra Did Dle |

Activity Five:

- Play as evenly as possible using the word spider or pa-ra-did-dle to help with the rhythms
- This time there are 2 accents on beat 1 and 3, in other words on PA of "pa-ra-did-dle"
- Again, make sure you follow the sticking and swap it round if you are left handed

Concentrate on accenting the first beat as well as keeping the sticking accurate! Play the whole thing 4 times!





| **Pa** Ra Did Dle | **Pa** Ra Did Dle | **Pa** Ra Did Dle | **Pa** Ra Did Dle |

Once you have done all this try playing activity five along to a song - for example you could play along to Times Like This by Live Lounge Allstars

