

the voices foundation

transforming children through singing

Welcome!

Leeds Artforms September 2021

Musical ice breaker

Bubble gum



It's not just the song...

Singing and musicianship in Key Stage 2



Aims of this afternoon

- Explore ways to engage Key Stage 2 children in singing
- Teaching strategies we might use in a singing/ instrumental lesson
- Promote good singing practice
- Use songs in a holistic and meaningful way to develop musicianship

‘hundred of studies...have shown that it takes less than an hour of music learning a week to restructure the brain for a significant IQ increase, better language skills, reading success, school success, mathematical understanding, creativity and the all-important measures of social success: self-confidence, better relationships and empathy’

The Music Miracle, Henriksson-
Macaulay

Warming up body and voice

- *Shoulder rolls & lifts to ears, arm swings- upper body only.*
- *Stretch one arm up and arch to the side, sipping air in and exhale- good for engaging tummy muscles. Do both sides.*
- *Clasp hands 30cm in front of face. Shake hands and say an 'ahhh'- great for relaxing jaw.*
- *Sirening on an 'ng' sound- keep it gentle and explore higher and lower register.*
- *Same as above on a gentle 'zzz' sound. Don't force the sound.*
- *Same as above on a 'vvv' sound.*
- *Monkey 'oos'-good for lowering the larynx- up and down the register-(use magic pencil with class) 'Raspberries' also good here.*
- *Supermarket trolley- push trolley, soft knees..'Cooooee' (using high register and arm over head) 'I'm over here' (low register and hand on chest)*
- *Rubber chicken- Left arm, right arm, left leg, right leg shake out on decreasing count down from 8, 4, 2, 1 and then 'Ruuuuubber...chiiickennnn' as body moves from low to high*
- *Fireworks- rocket, catherine wheel*

Brain storming song

- ***Touch your shoulders***

It's not just the song..

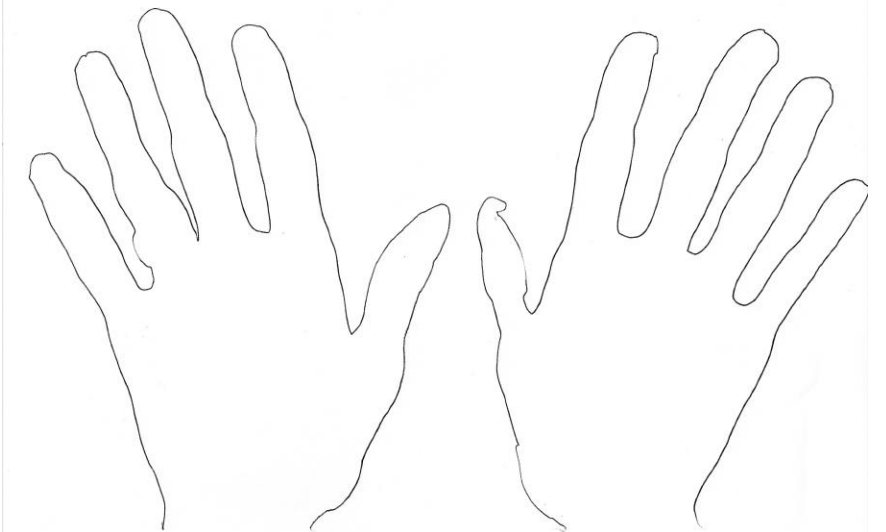
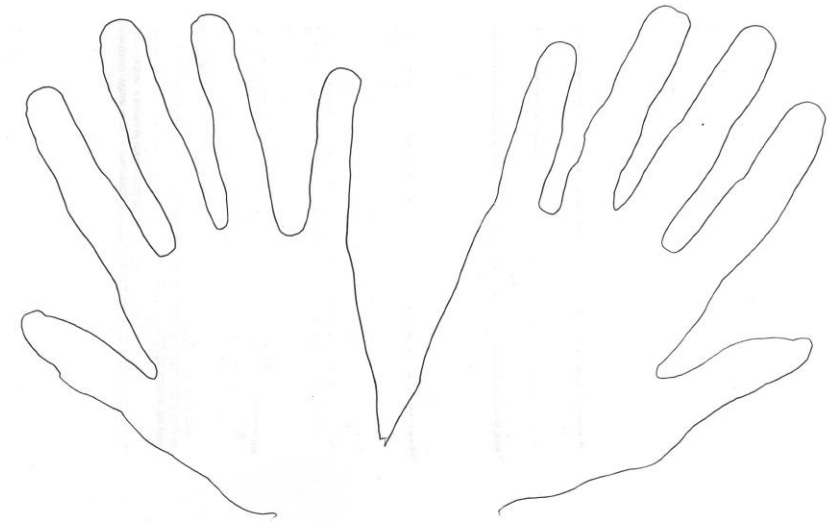
- Play the game. Make one up if there isn't one.
- Use props and puppets. Engage and distract!
- With 'new' older children (upper KS2?) start with chants and rhymes that have an activity attached
- Come with the expectation that children will have a go- this is infectious!
- Smile! You, and this, is special for them.
- Keep pitch higher than you might be used to singing at.
- Do it rather than talk about doing it

Songs and rhymes to engage

- Roly poly
- Hello everyone
- Doggie doggie
- Boom chikka boom
- Here I come (Lemonade song)
- I have lost the cupboard key

Coffee Break!

Clapping games and cups and sticks



Pulse & metre-identifying the strong beat

- *Pease pudding hot*
- *Dippidu*

"Pease pudding hot, pease pudding cold
Pease pudding in the pot nine days old.
Some like it hot, some like it cold,
Some like it in the pot nine days old!"

Pulse/rhythm differentiation

- Double Double – play clapping game. Ice- cream, foot- ball etc. Children make up their own in pairs.
- Stand up and walk *beat/pulse* and say chant.
- Do in thinking voice. **Challenge**-to all stop at the same time!
- Now tap *rhythm (pattern of the words)* and walk pulse.
- ½ & ½ game pulse/rhythm together. Swap!
- Introduce and use rhythm words ta and teh-teh
- Make up two different stick sounds for this/ that (teh-teh)and 'double'(ta)
- Perform in unison and two parts. Do in unison canon (after 2 beats).
- Could this be done on tuned instruments?

Pitch awareness

Once a man fell in a well

- Learn song
(How many pitches in the song? 5)
- Song + magic pencil or 'little man'
- Song as round then 2-part canon @ 2 beats, then @ 1 beat
- Sing in numbers: 1234555, 12345 5, 1234555, 54321 1
- thinking voice no.3 unison then 2-part canon @ 2 beats
- Thinking voice no. 2 + 4 unison then 2 part canon @ 2 beat
- Song start (with all numbers back in) a beat after other (in groups)-
walk pulse. On my signal go into thinking voice and then out loud.



Finish!

- **Some recommended song/information books for KS2**
- **Inside Music**- A Music Education Programme for Class Teaching Early Years, KS1 and KS2 –published in 3 books by Alfred
- **Singing games and Rhymes for Middle Years** –compiled by Lucinda Geoghegan and published by NYCOS
- **Singing Sherlock Book 2** (although Book 1 also suitable)- compiled by Whitlock and Court-published by Boosey & Hawkes
- **How Can I Keep From Singing** –Published by The British Kodaly Academy
- **The Song Sampler** –folk songs from around the world compiled by Sandra Kerr
- **The Music Miracle** - Llisa Henriksson-Mccauley ISBN 9780992664305 (Earnest House Publishing)

My puppets are from **Folkmanis** and **Puppetsbypost**

Cup and stick games and the song Dippidu from Lucinda Geoghegan YouTube Channel '**Singing with sticks and cups with Lucinda**' 16.6.20 (Nicola Benedetti Foundation)