

Session One: Warm up with Singing



"Teach music and singing in school
in such a way that is not a torture
but a joy for the pupil"


Zoltán Kodály

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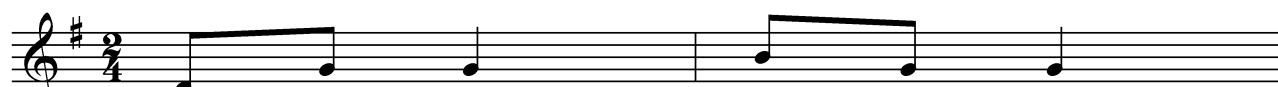


Oh my Aunt came back (Oh my Aunt came back) From (Bu - da - pest) (From Bu - da - pest) And she

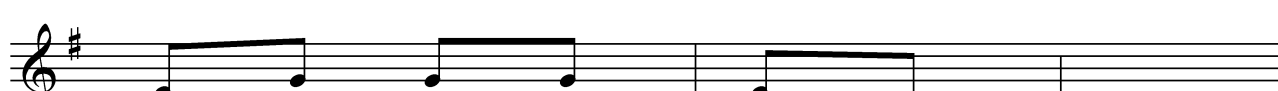
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brought with her, (And she brought with her) an it - chy vest (An it - chy vest)

Action song: Make up different places for auntie to visit and things she brought back which can be action
e.g. Ancient Rome : A beautiful comb

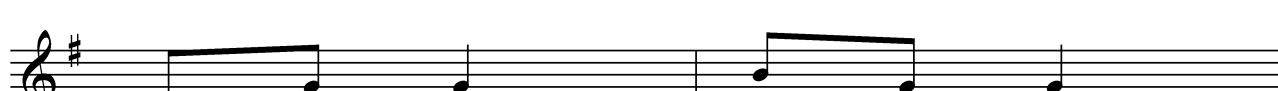
How d'you do



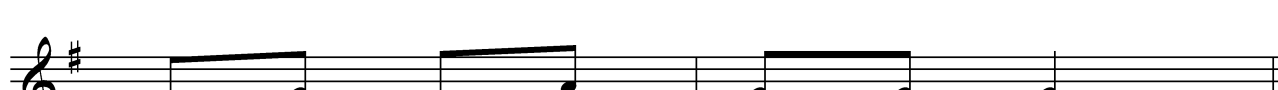
How d'you do? How are you?



I am fine and dan - dy!



Move a - long. Sing a song.



Fine as cot - ton can - dy!

- Everyone stands in a circle turning to face a partner
- How d'you do how are you – Shake RH with partner/ Shake LH with partner
- I am fine and dandy: Hold hands and do a full turn
- Move along sing a song: Walk past partner (advance by right shoulder)
- Fine as (tap knees twice) Cot-ton (Clap own hands twice) Candy (Clap partners hands twice)

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I heard, I heard the old man say, John Ka-na-ka-na-ka tu - li - a. To -
 day, to - day is a hol - i - day. John Ka - na - ka - na - ka tu - li - a.
 Tu - li - a. Tu - li - a. John Ka - na - ka - na - ka tu - li - a.

Game: The children should stand in two concentric circles, each child facing a partner. The actions are as follows:

I heard, I heard the old man say. "Dos-si-dos" with partner ie everyone walks forward past the partner, then backwards into place (4 forward, 4 back)

John: Stamp foot
Ka-na-ka-na-ka: Slap own knees (right-left-right-left-right)

Tu-li-a: Clap own hands twice and partner's once

Today, today is a holiday...(line 2): Repeat all of the above

Tu-li-a (line 3): Outer circle takes three steps anticlockwise to face new partner

Tu-li-a: Clap own hands twice and new partner's once

John Ka-na-ka-na-ka tu-li-a: Repeat actions as given for first line.

Try singing the song (whilst still playing the game) but internalise some of the words e.g. sing **John Kanakanaka** internally - you can still hear the rhythm of the words in the tapping and clapping. Then sing **Tulia** internally: again you can hear the rhythm in the stamping. Now sing the whole song internally.

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Go round the moun - tain, Tu - di did - le - dum, Tu - di did - le - dum.
All change di - rec - tion, Tu - di did - le - dum, Tu - di did - le - dum.



Go round the moun - tain, Tu - di did - le - dum day.
All change di - rec - tion, Tu - di did - le - dum day.

Stick passing game: Everyone sits in a circle and has a pair of sticks.

Go round the mountain : The sticks in right hand is passed in front of the person on the right. Then the new stick picked up

Tudi diddle dum: the end of the stick in right hand is tapped on the floor, the end of the stick in left hand is tapped on the floor and then the sticks are clicked together to the rhythm diddle dum.

At the very end DAY – both sticks are passed in front of the person on the right and in the final rest the sticks are picked up ready to start again.

However in the second verse we change direction and go to the left.



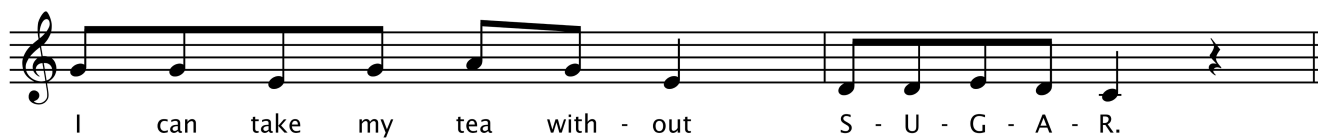
I can take my tea with - out su - gar su - gar



I can take my tea with - out S - U - G - A - R.



S - U - G - A - R. S - U - G - A - R.



I can take my tea with - out S - U - G - A - R.

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Circle game with everyone numbered 1/2/1/2/ etc around the circle.

Everyone has a stick in their right hand.

The stick is passed on the beat and then changed from right to left hand on the next beat.

On the word SUGAR the rhythm is tapped with partner (1's turn right and 2's turn left)

Dance of the hours - Ponchielli

Everyone stands in a circle and has a pair of chopsticks.

The children should be numbered 1 2 1 2 etc all the way around

6 times (repeated) - - -

Hands out in front with sticks held out in front

On beats 2 and 3 -

1. Tap left stick with right hand the left stick of partner on right

2. Tap right stick with left hand then right stick of partner on left

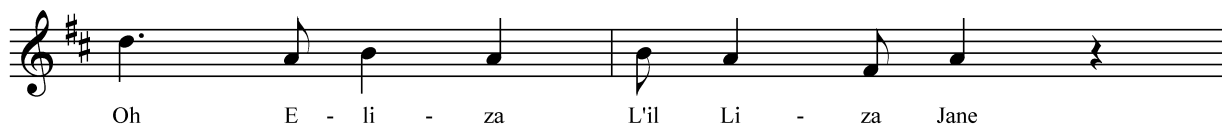
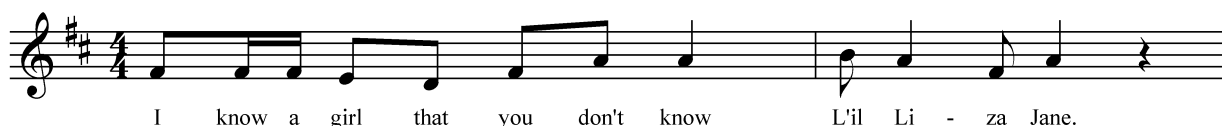
Tap knee with sticks/click sticks together - Repeat three times then tap once mo

2nd section; Melody one 4 beats: One's step in front of the two's to move on one place right

Melody two 4 beats; two's step in front of one's to move on one place left

Look at each other - then pick up the rhythm titi ta – titi – ta etc

Repeat A but with the rhythm ti ti ta (Own stick twice then right or left



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Clapping game with a partner

Odd bars: (performed to crotchet beat)clap right hand together with partner: Clap own hands together : Clap left hands together with partner: Clap own hands together.

Even bars: (Performed as quavers): Clap own hands, tap right shoulder, tap left shoulder, clap own hands, tap right shoulder, tap left shoulder, tap right knee, tap left knee.



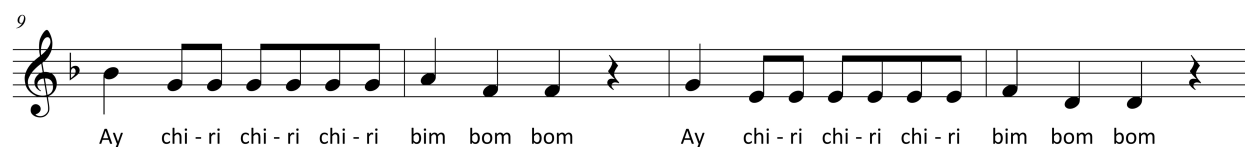
Chi - ri bim, Chi-ri bom, Chi-ri bim bom bim bom bim bom Chi-ri

5



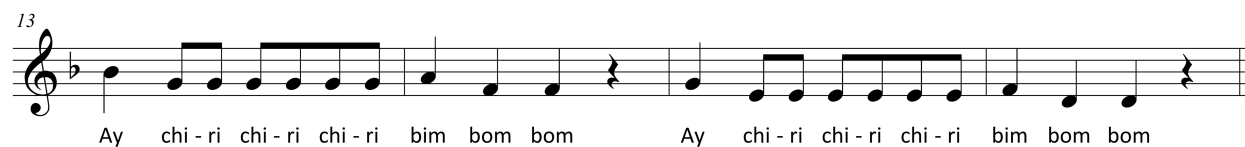
bim, chi - ri bom, chi - ri bim bom bim bom bim bom

9



Ay chi - ri chi - ri chi - ri bim bom bom Ay chi - ri chi - ri chi - ri bim bom bom

13



Ay chi - ri chi - ri chi - ri bim bom bom Ay chi - ri chi - ri chi - ri bim bom bom

Chiri = click fingers of right hand then of left hand
Bim = Right hand is a cup and left hand is a saucer
Bom = Left hand is a cup and right hand is a saucer
Ay = Clap hands

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Sa - li - bo - na - ni, Sa - li - bo - na - ni, Sa - li - bo - na - ni, Sa - li - bo - na - ni.

5 Sa - li, Sa - li, Sa - li - bo - na - ni, Sa - li, Sa - li, Sa - li - bo - na - ni.

Sing the melody with the actions on every even bar as follows:

1st beat: Tap right knee/tap left knee

2nd beat: Click fingers in right hands/click fingers in left hand

3rd beat: Clap own hands

4th beat: Clap hands with a partner (an imaginary partner whilst learning the game)

Clapping game without guided formation:

In the odd bars take four steps looking out for a partner and in the even bars perform the body percussion pattern shown above clapping hands with partner on the fourth beat.

If it is obvious that someone doesn't have a partner, make a three, or even a four, but try to include everyone.

Hej Hallo

1 Hej, Hal - lo, Bon - jour, Gu - ten Tag.

5 Wel - come, wel - come, wel - come, wel - come.

9 Bue - nos Di - as. Bue - nos Di - as.

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Clapping game in one circle

Everyone stands in one circle, turning to face a partner.

1st line

1st bar: Shake right hands twice to a steady beat

2nd bar: Shake left hands twice to a steady beat

3rd bar: As 1st bar

4th bar: As 2nd bar

2nd line

1st and 2nd bars: Hold right hands and take four steps past partner, advancing by right shoulder.

3rd and 4th bars: Hold left hands with new partner facing and take four steps past, advancing by left shoulder

3rd line

1st bar: tap right knee with right hand/ tap left knee with left hand/click fingers on right hand/click fingers on left hand

2nd bar: clap hands twice/ Clap right hands with partner (high five)

3rd bar: repeat 1st bar

4th bar: repeat second bar but clap left hands with partner

Divide into three small circles and play the game as above but start singing (and moving) in canon as shown above with each part entering after one line.

Danse I en ring (Norway)

Dan-se i en ring, dan-se i en ring. Dan-se i en ring, Dan-se i en ring. Dan-se

5
al - le, dan - se al - le, dan - se al - le i en ring

Meaning

Dance in a ring. Everyone dance.

Danse en og en, danse en og en, (Dance one by one)

Danse en og en, danse en og en,

Danse alle, danse alle, danse alle I en ring

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Danse to og to, danse to og to (Dance two by two)

Etc

Danse tre og tre, danse tre og tre ((Danse three by three)

Etc

Danse fir' og fir', danse fir og fir' (Dance four by four)

Etc